

Notices | August 2021

ST PETER'S WEEKLY NEWS



Growing healthy Christians

Seventh mark: does a few things and does them well

Most of us are busy people, even those of us who are retired wonder how on earth we had time to go to work. It is always surprising how our time is constantly filled. When the pandemic first hit I was told I would have to stay home, meetings were cancelled, we even worshipped on line. I remember clearly being told I would have lots of time to catch up on reading and have plenty of time for preparation. Hurm...was not my experience and wasn't the experience of most people I know. There is so much going on in our lives it is surprising we have any time to ourselves.

Doing a few things and doing them well in the context of the Christian life is about balance. Rather than filling our days with activity and doing loads of 'stuff' we are challenged to balance our time: for us, for God and for others. Easier said than done when others make calls upon your time. The boss wants a document ready by yesterday, the children need their clothes ironed, the parents need some shopping; when can you find time for you and when can you find time for God?

This is a challenge, a challenge to be met rather than ignored. Mindfulness has become a 'trendy' concept often linked to good mental health. It has been around in the Christian tradition, though not necessarily with that label, for centuries. The Desert Mothers and Fathers practiced mindfulness in the deserts of Egypt and Sinai in the early centuries of the Christian Church. Jesus practiced it in the Gospels. As life got busy and complex Jesus would still take himself, often described as up a mountain, to pray. Taking time out, just 'to be' with yourself and God has always been an important part of the Christian tradition, as it has in many other traditions and world faiths.

To make this work time must be planned in the programme of the day. It does not need and probably should not be hours but it does need to be quality minutes, set aside for the express purpose of prayer and reflection. To be with God and ourselves in his presence, some call this contemplation when we consciously work to be in God's presence and nothing more. You might just find, as you practice this Christian mindfulness you find the re-balancing that allows you to do a few things well.

Love and prayers,

Fr D

IVY CAFÉ requires help - we are hoping to meet in the Church Hall again in September. Prior to the pandemic we averaged 10 to 12 participants on our weekly Wednesdays from 3.00 - 4.00 for tea, cake and a chat. Ideally, I need two helpers who can give time on Wednesday afternoons.

Please contact me on 020 8998 1006 or email rosanna32@btinternet.com

PARISH BBQ: Saturday 4th September, from 5.00pm (weather permitting). Come to the Vicarage Garden. Bring a plate of food, something to share. We'll have the BBQ going and sausages and burgers on the go.

YOUR FAVOURITE HYMNS.

Now that we are finally able to sing Congregational hymns, we would love to know your favourite(s) so we can include them in the music from September.

How do we select hymns for Sunday morning?

We follow the RSCM (Royal School of Church Music) planning liturgy guide which lists hymns according to the readings for the day. Mark selects the hymns from the list that we have in our books which best suit the liturgy for the day, ensuring that we don't repeat too often then sends the list to the clergy team. The team review and edit the choices to fit and reflect the topic of the sermon for the Sunday.

Please send your suggestions with the title (and tune if you know it) to Mark, for instance, Love divine, all loves excelling (tune Blaenwern). It may also be useful to include any dates when you know you won't be at church, so you don't miss your hymn!

Similarly, if you have any queries or would like to discuss further, please email or ring Mark. directorofmusic@stpeterealing.org.uk **07837788940**

HEADS UP! Harvest Fayre, Saturday 2nd October. Tell the Events Team what you can offer to help.

ADVANCE NOTICE – CONCERT - Mark will be giving the Monday lunchtime recital at Southwark Cathedral on **Monday 12th October 13:20**
A 30 minute program of tuneful music, something for everyone.

Parish Contact Details:

Parish Office: Mrs Lesley Brooks	admin@stpeterealing.org.uk 020 8997 3655
Revd David Neno	david.neno@london.anglican.org 020 8997 1620/ 07976 905294
Revd Dr Adam Dobrzynski	a.a.dobrzynski@gmail.com 07453 619591
Revd Dr Margaret Joachim	margaret.joachim@london.anglican.org 020 8723 4514
Mrs Susan Peatfield	sjpeatfield@aol.com 020 8997 8376

Worship this week

Sunday 1st August 2021
Trinity 9 (proper 13)
 10.00 Parish Mass (Church/Zoom)

Sunday 8th August 2021
Trinity 10 (proper 14)
 10.00 Parish Mass (Church/Zoom)

Daily Prayer:

There are no Daily Offices during August
And Compline is taking a well-earned rest.

The Church building is open for private prayer through the week.

The Parish Office is open 10.00am – 12 noon, Tuesday to Thursday only during August

This Week's Reading Programme:

Mon: Ezekiel 37.1-14; Mark 1.1-13.

Tues: Ezekiel 37.15-end; Mark 1.14-20.

Weds: Ezekiel 39.21-end; Mark 1.21-28.

Thurs (Oswald): Ezekiel 43.1-12; Mark 1.29-end.

Fri (Transfiguration of Our Lord): Ecclesiasticus 48.1-10; 1 John 3.1-3.

Sat: Ezekiel 47.1-12; Mark 2.13-22

Church Notices & Diary Dates:

August Notices:

22nd: Baptism Harriet Kelsey

We wish you a blessed and relaxing August.

September Notices:

4th: 4pm Parish BBQ (Vicarage Garden)

5th: 12 noon Events Team Meeting (Vicarage)

8th: 6pm Amnesty Letter Writing (Vicarage)

12th: 12 noon Buildings & Grounds Team Meeting (Vicarage)

15th: 7.30pm Eco-Church Group Meeting

18th: PCC Away Day

25th: 7.30pm Willesden Area Farewell for Bishop Pete

26th: Ealing Half Marathon

Prayer Requests:

Please pray for: Cicely Pratt; Elaine Dunkley; John Pullin; Rodney Reid; Moira Babary; Stephen Lynch; Dominic; Fr Robert Chapman; Karen Dotrice; Yvette Lumley; Lucy Pringle; Francis Warner; Maria Gee; Simona de Serdici; RB.

Recently deceased:

Years Mind week 1st – 7th August: Joan Dewey

Parish family: Christine, Steve & Angus Macallister; Jerome, Sybille, Isaure & Tristan Maitrier; Richard, Emily, John & Oliver Martin; Pat Maufe; Allison, Matthew, Megan & Oliver McAllister; Angus McAvoy; Doreen, Hugh, Ashleigh & Joshua McGovern.

(To add names to this list please contact Fr David or the Parish Office)